

Open Dutch Student Weightlifting Championship 2019 - Overall							SNATCH				CLEAN&JERK				Total	Robi		
Lot	Name	Given Name	M/F	CAT.		NAT - Club	Birth Date	1	2	3	max	1	2	3	max		Points	Ro-Rk
	<b>Timmermans</b>	<b>Myrthe</b>		f59	57,80	NED - Gewichthefacademie Waalsport	5-1-1997	(69)	69	(72)	69	89	(92)	(92)	89	<b>158</b>	239,3141	2
	<b>Ruethemann Nilsen</b>	<b>Frida</b>		f64	63,20	NOR - CrossFit Twente	7-3-1995	70	(73)	74	74	94	(100)	(100)	94	<b>168</b>	243,6087	1
	<b>Schouten</b>	<b>Iris</b>		f71	66,10	NED - Mirwais Training System	22-11-1995	68	73	76	76	80	85	(92)	85	<b>161</b>	186,3030	3
	<b>Anzik</b>	<b>Meglen</b>		m89	81,50	NED - Northside Barbell	5-12-1994	90	96	(100)	96	(120)	120	125	125	<b>221</b>	155,4937	4
	<b>van Gelderen</b>	<b>Randolf</b>		m89	82,00	NED - Dutch Strength	2-3-1993	96	101	(106)	101	119	(125)	(125)	119	<b>220</b>	153,1687	5
	<b>Koekkoek</b>	<b>Niels</b>		m102	98,20	NED - Art of Power	31-3-1994	100	(105)	105	105	124	129	(132)	129	<b>234</b>	152,7090	6
	<b>Hogervorst</b>	<b>Rick</b>		m81	78,80	NED - Mirwais Training System	3-4-1997	95	(101)	(103)	95	(111)	111	(116)	111	<b>206</b>	136,6954	7
	<b>van de Ven</b>	<b>Jim</b>		m96	93,60	NED - Powerhouse 040	7-11-1990	95	102	(105)	102	(120)	122	126	126	<b>228</b>	135,6600	8
	<b>Vuurberg</b>	<b>Sibren</b>		m96	93,30	NED - CrossFit Twente	7-5-1996	91	97	(101)	97	(121)	121	126	126	<b>223</b>	126,0260	9
	<b>Grimbergen</b>	<b>Jeroen</b>		m96	94,00	NED - CrossFit Twente	11-4-2000	90	(96)	96	96	115	120	125	125	<b>221</b>	122,3100	10
	<b>Janson</b>	<b>Kirsten</b>		f64	61,90	NED - Pack Mentallity CrossFit	20-3-1993	56	59	(61)	59	71	(76)	(76)	71	<b>130</b>	103,9310	11
	<b>Waalewijn</b>	<b>Myrthe</b>		f71	67,30	NED - Northside Barbell	18-10-1999	(55)	55	59	59	70	73	(75)	73	<b>132</b>	96,3160	12
	<b>Boonstra</b>	<b>Victor</b>		m81	80,20	NED - Powerhouse 040	10-7-1997	75	(80)	80	80	95	101	105	105	<b>185</b>	95,639	13
	<b>van der Hoek</b>	<b>Sylvia</b>		f64	62,80	NED - Crossfit Fabriek 0492	30-12-1993	(50)	(50)	50	50	70	(75)	(75)	70	<b>120</b>	79,6650	14
	<b>Polder</b>	<b>Mandy</b>		f76	74,40	NED - Powerhouse 040	27-7-2002	45	53	58	58	50	55	(62)	55	<b>113</b>	50,2620	15
	<b>Oosterhoff</b>	<b>Stijn</b>		m96	92,50	NED - Art of Power	26-10-1994	85	(90)	(91)	85	(105)	(110)	(110)	-	-	-	
	<b>Diekstra</b>	<b>Elmar</b>		m89	87,10	NED - Northside Barbell	28-6-1996	(85)	(85)	(85)	-	110	114	(118)	114	-	-	
	<b>Schouten</b>	<b>Jessica</b>		f87	86,40	NED - Mirwais Training System	25-7-1997	(65)	(68)	(69)	-	(72)	(74)	(74)	-	-	-	
Open Dutch Student Weightlifting Championship 2019 - Individual							SNATCH				CLEAN&JERK				Total	Robi		
Lot	Name	Given Name	M/F	CAT.		NAT - Club	Birth Date	1	2	3	max	1	2	3	max		Points	Cat-Rk
	<b>Hogervorst</b>	<b>Rick</b>		m81	78,80	NED - Mirwais Training System	3-4-1997	95	(101)	(103)	95	(111)	111	(116)	111	<b>206</b>	136,6954	1
	<b>Boonstra</b>	<b>Victor</b>		m81	80,20	NED - Powerhouse 040	10-7-1997	75	(80)	80	80	95	101	105	105	<b>185</b>	95,639	2
	<b>Anzik</b>	<b>Meglen</b>		m89	81,50	NED - Northside Barbell	5-12-1994	90	96	(100)	96	(120)	120	125	125	<b>221</b>	155,4937	1
	<b>van Gelderen</b>	<b>Randolf</b>		m89	82,00	NED - Dutch Strength	2-3-1993	96	101	(106)	101	119	(125)	(125)	119	<b>220</b>	153,1687	2
	<b>Diekstra</b>	<b>Elmar</b>		m89	87,10	NED - Northside Barbell	28-6-1996	(85)	(85)	(85)	-	110	114	(118)	114	-	-	
	<b>van de Ven</b>	<b>Jim</b>		m96	93,60	NED - Powerhouse 040	7-11-1990	95	102	(105)	102	(120)	122	126	126	<b>228</b>	135,6600	1
	<b>Vuurberg</b>	<b>Sibren</b>		m96	93,30	NED - CrossFit Twente	7-5-1996	91	97	(101)	97	(121)	121	126	126	<b>223</b>	126,0260	2
	<b>Grimbergen</b>	<b>Jeroen</b>		m96	94,00	NED - CrossFit Twente	11-4-2000	90	(96)	96	96	115	120	125	125	<b>221</b>	122,3100	3
	<b>Oosterhoff</b>	<b>Stijn</b>		m96	92,50	NED - Art of Power	26-10-1994	85	(90)	(91)	85	(105)	(110)	(110)	-	-	-	
	<b>Koekkoek</b>	<b>Niels</b>		m102	98,20	NED - Art of Power	31-3-1994	100	(105)	105	105	124	129	(132)	129	<b>234</b>	152,7090	1
	<b>Timmermans</b>	<b>Myrthe</b>		f59	57,80	NED - Gewichthefacademie Waalsport	5-1-1997	(69)	69	(72)	69	89	(92)	(92)	89	<b>158</b>	239,3141	1
	<b>Ruethemann Nilsen</b>	<b>Frida</b>		f64	63,20	NOR - CrossFit Twente	7-3-1995	70	(73)	74	74	94	(100)	(100)	94	<b>168</b>	243,6087	1
	<b>Janson</b>	<b>Kirsten</b>		f64	61,90	NED - Pack Mentallity CrossFit	20-3-1993	56	59	(61)	59	71	(76)	(76)	71	<b>130</b>	103,9310	2
	<b>van der Hoek</b>	<b>Sylvia</b>		f64	62,80	NED - Crossfit Fabriek 0492	30-12-1993	(50)	(50)	50	50	70	(75)	(75)	70	<b>120</b>	79,6650	3
	<b>Schouten</b>	<b>Iris</b>		f71	66,10	NED - Mirwais Training System	22-11-1995	68	73	76	76	80	85	(92)	85	<b>161</b>	186,3030	1
	<b>Waalewijn</b>	<b>Myrthe</b>		f71	67,30	NED - Northside Barbell	18-10-1999	(55)	55	59	59	70	73	(75)	73	<b>132</b>	96,3160	2
	<b>Polder</b>	<b>Mandy</b>		f76	74,40	NED - Powerhouse 040	27-7-2002	45	53	58	58	50	55	(62)	55	<b>113</b>	50,2620	1
	<b>Schouten</b>	<b>Jessica</b>		f87	86,40	NED - Mirwais Training System	25-7-1997	(65)	(68)	(69)	-	(72)	(74)	(74)	-	-	-	