

Rang	Voornaam	Achternaam	Geboortejaar	Klasse	Sinclair	Totaal	Beste Tr	Beste St	Evenement
1	Enzo	Kofi Kuworge	2001	-105 kg	370,72	365	162	203	YOUTH OLYMPIC GAMES
2	Karen	Tovmasjan	1990	-94 kg	359,848	313	143	170	2018 Nederlands Senioren Kampioenschappen
3	Robert	Van den Hof	1994	-105 kg	343,079	305	134	171	2018 Nederlands Senioren Kampioenschappen
4	Janko	Franjic		0-105 kg	326,339	290	130	160	NK Clubkampioenschappen
5	Douwe	Zantinge	1995	-94 kg	322,424	282	127	155	NK 020 U23
6	Rehuël	Peilouw	1991	-62 kg	309,976	215	95	120	2018 Nederlands Senioren Kampioenschappen
7	Pim	Kokos	1989	-85 kg	309,604	259	119	140	2018 Nederlands Senioren Kampioenschappen
8	Teun	Bruijnen	1996	m77	299,537	230	105	125	Dutch Strength Winter Cup
9	Alexander	Vermetten		0-105 kg	299,462	272	131	141	NK Clubkampioenschappen
10	Jeremia	Kortmann	1990	-77 kg	297,122	232	107	125	2018 Nederlands Senioren Kampioenschappen
11	Frank	van der Meulen	1983	-105 kg	294,54	260	120	140	NORTHWEST INTL MASTERS TOURNAMENT
12	Jeset	Zweverink	1991	-69 kg	293,479	220	95	125	Amsterdam Trofy
13	Dirk	Brouwer	1985	m105	291,075	266	125	141	Weightlifting Rotterdam Invitational
14	Dirk	Brouwer	1985	m105	290,757	265	125	140	Open Dutch 2018
15	Arnoud	Visser	1981	m>105	288,612	268	115	153	National team competition 2018 - round 3 & open
16	Kristan	Jongkees	1992	-105 kg	284,906	254	112	142	2018 Nederlands Senioren Kampioenschappen
17	Tom	de Hoop	1999	m77	284,362	221	97	124	Piet Legerstee Memorial 2018
18	Randolf	van Gelderen	1993	-94 kg	284,107	241	111	130	2018 Nederlands Senioren Kampioenschappen
19	Roland	van Eindhoven	1972	m94	274,2	241	105	136	National team competition 2018 - round 3 & open
20	Tobias	van Leeuwen	1991	m85	272,399	219	98	121	Piet Legerstee Memorial 2018
21	Sjoerd	Dijkstra	1996	m85	270,859	225	105	120	National team competition 2018 - round 3 & open
22	Peter	Winters	1986	+105 kg	270,556	256	118	138	2018 Nederlands Senioren Kampioenschappen
23	Jelmer	Stiekema	1989	m85	269,663	227	102	125	Dutch Strength Winter Cup
24	Tim	Hulsman	1985	+105 kg	269,228	250	114	136	2018 Nederlands Senioren Kampioenschappen
25	Marc	Niet van der	1992	m94	268,629	236	104	132	Open Dutch 2018
26	Douwe	Disbergen		0-94 kg	268,474	227	102	125	NK Clubkampioenschappen
27	Koen	van Meurs	1988	m105	268,263	238	108	130	Piet Legerstee Memorial 2018
28	Yu Shan	Lam	1984	-85 kg	268,231	224	100	124	2018 Nederlands Senioren Kampioenschappen
29	Pepijn	Leppers	1993	m94	268,16	236	111	125	Dutch Strength Winter Cup
30	Tristan	Delang	1987	m77	267,857	214	97	117	Piet Legerstee Memorial 2018
31	Tim	Roovers		0-85 kg	267,658	223	103	120	NK Clubkampioenschappen
32	Jeffrey	Made van der	1992	m94	266,99	225	99	126	Dutch Strength Winter Cup
33	Guido	Ansem	1996	m94	266,281	226	106	120	Weightlifting Rotterdam Invitational
34	Bas	Brounen	1992	m85	264,428	219	95	124	Open Dutch 2018
35	Thomas	Schonk	1988	m85	261,923	216	100	116	National team competition 2018 - round 3 & open
36	Stefano	Samuel	1991	-69 kg	261,781	195	90	105	2018 Nederlands Senioren Kampioenschappen
37	Justin	Matos	1997	m56	260,676	170	75	95	Dutch Strength Winter Cup
38	Pim	Broersen	1996	m85	260,39	215	99	116	Dutch Strength Winter Cup
39	Peter	Kruijs van der	1985	m85	260,145	218	98	120	Open Dutch 2018
40	Meglen	Anzik	1994	m85	256,419	215	95	120	Open Dutch 2018
41	Rob	Tankink	1981	m85	255,276	208	88	120	Piet Legerstee Memorial 2018
42	Carlyle	Martinus	1996	m105	250,801	227	102	125	Weightlifting Rotterdam Invitational
43	Niels	Koekkoek	1994	m>105	250,383	230	103	127	Open Dutch 2018
44	Hans	Van Zalen	1983	-94 kg	250,197	220	105	115	2018 Nederlands Senioren Kampioenschappen
45	Sibren	Vuurberg	1996	m94	247,187	216	96	120	Open Dutch 2018
46	Thomas	Wessels	1995	m94	246,607	215	95	120	Piet Legerstee Memorial 2018
47	Roel	de Gouw	1995	-94 kg	244,039	206	89	117	2018 Nederlands Senioren Kampioenschappen
48	Ward	Hendriks	1991	m>105	243,962	233	101	132	Open Dutch 2018
49	Jeroen	Grimbergen	1971	m94	243,048	210	95	115	Open Dutch 2018
50	Lodwijk	Man		0-85 kg	240,099	202	91	111	EK Budapest
51	Jasper	Zeevaarder	2000	m85	239,633	195	85	110	Dutch Strength Winter Cup
52	Osrice	Fingal	1991	m85	237,652	198	85	113	National team competition 2018 - round 3 & open
53	Rudy	Lange de	1995	m85	236,372	196	81	115	Dutch Strength Winter Cup
54	Colin	Jong de		0-94 kg	233,86	205	90	115	NK Clubkampioenschappen
55	Bart	Peekstok	1981	m94	233,384	203	93	110	National team competition 2018 - round 3 & open
56	Maarten	Nieuwenhuizen van den	1995	m85	233,035	193	88	105	Dutch Strength Winter Cup
57	Roy	van Bun	1975	-85 kg	232,17	195	85	110	NORTHWEST INTL MASTERS TOURNAMENT
58	Emirhan	Bayrak	1995	-69 kg	232,109	170	77	93	National team competition 2018 - round 2
59	Edgar	Oosten van		0-77 kg	228,017	181	79	102	NK Clubkampioenschappen
60	Stein	Jongerius	1995	m85	227,925	191	82	109	Piet Legerstee Memorial 2018
61	Thomas	Lanting	1995	m105	226,309	202	87	115	Dutch Strength Winter Cup
62	David	Asrian		0-77 kg	225,403	176	81	95	NK Clubkampioenschappen
63	Bas	Oudenhove van	1991	m85	223,125	180	76	104	Dutch Strength Winter Cup
64	Gabriel	Strickx	1999	m77	222,176	177	82	95	Open Dutch 2018
65	Mickey	Hinoke		0+105 kg	222,049	207	87	120	NK Clubkampioenschappen
66	Benwout	Heemstra	1996	-77 kg	221,757	175	75	100	Student Cup
67	John	Jacobs	1975	-94 kg	217,236	190	85	105	NORTHWEST INTL MASTERS TOURNAMENT
68	Tom	Bruijnen	1962	-77 kg	216,233	173	77	96	National team competition 2018 - round 2
69	Mads	Mensink		0-85 kg	216,174	180	78	102	NK Clubkampioenschappen
70	Tom	Lanting	1995	m105	214,433	192	87	105	National team competition 2018 - round 3 & open
71	Martijn	Poortvliet	1981	-105 kg	210,96	188	80	108	Amsterdam Trofy
72	Roman	Zarbi	1999	m77	208,891	160	70	90	Dutch Strength Winter Cup
73	Quint	Huijers	1997	-77 kg	207,56	165	75	90	Dutch Strength Summer Cup
74	Christian	de Smit	1982	-77 kg	203,265	161	65	96	NORTHWEST INTL MASTERS TOURNAMENT
75	Jeroen	Kok	1981	-105 kg	199,793	183	77	106	Amsterdam Trofy
76	Joey	Sampono	1993	m77	199,11	152	62	90	Weightlifting Rotterdam Invitational
77	Paco	van Vuuren	1991	m69	188,755	142	60	82	National team competition 2018 - round 3 & open

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77	Robert	Hofstee	1999	m105	187,629	168	78	90	Weightlifting Rotterdam Invitational
78	Paul	Pieterse	1982	-94 kg	186,422	162	66	96	NORTHWEST INTL MASTERS TOURNAMENT
79	Maikel	Meijer	1993	m77	183,605	145	60	85	Dutch Strength Winter Cup
80	Francisco	Galarce Morales	1981	m105	182,562	165	70	95	National team competition 2018 - round 3 & open
81	Marco	Hammer	1970	m105	182,445	166	70	96	National team competition 2018 - round 3 & open
82	Jamie	Verwey	1998	m77	182,358	146	65	81	Dutch Strength Winter Cup
83	Jim	Wolf van der	2002	m94	171,839	146	68	78	Weightlifting Rotterdam Invitational
84	Frank	van Ingen	1964	-85 kg	170,721	140	60	80	NORTHWEST INTL MASTERS TOURNAMENT
85	Thomas	Djuly	1990	-77 kg	154,027	122	57	65	Student Cup
86	Paul	Seegers	0	+105 kg	145,304	137	62	75	NK Clubkampioenschappen
87	Dick	Ladestein van	0	-73 kg	145,039	108	45	63	WK Barcelona
88	Friso	van der Meulen	1955	-85 kg	141,27	117	52	65	NORTHWEST INTL MASTERS TOURNAMENT
89	Paul	Meijer	1953	m85	137,279	113	48	65	Dutch Strength Winter Cup
90	henk	van woerkom	0	-73 kg	123	90	37	53	EK Budapest
91	Niek	Faas	1944	-85 kg	113,706	94	42	52	NORTHWEST INTL MASTERS TOURNAMENT

Rang	Voornaam	Achternaam	Geboortejaar	Klasse	Sinclair	Totaal	Beste Tr	Beste St	Evenement
1	Sanne	Bijleveld	1993	-63 kg	220,8042	167	73	94	Amsterdam Trofy
2	Monique	Kleinstapel	1982	-75 kg	208,2431	169	79	90	2018 Nederlands Senioren Kampioenschappen
3	Evita	Talahatu	1987	-58 kg	208,0363	146	63	83	Dutch Strength Summer Cup
4	Iris	Groeneveld	1995	f63	205,962	157	67	90	Open Dutch 2018
5	Rebecca	Oudheusden	1989	f69	203,361	161	71	90	Weightlifting Rotterdam Invitational
6	Charissa	Wijnands	1990	f90	203,037	178	78	100	Dutch Strength Winter Cup
7	Lieke	Hermans	1977	-75 kg	201,0897	166	76	90	WK Barcelona
8	Belinda	Bekker	1987	f63	200,458	149	66	83	Weightlifting Rotterdam Invitational
9	Myrthe	Timmermans	1997	-58 kg	198,4313	142	61	81	NK 020 U23
10	Rosalie	Suurd	1993	f69	197,121	155	68	87	Open Dutch 2018
11	Fransi	Frans	1996	-69 kg	196,9973	157	72	85	NK 020 U23
12	Charlotte	Maris	1992	-63 kg	195,5338	147	71	76	2018 Nederlands Senioren Kampioenschappen
13	Carline	Hartog den	1993	f58	194,703	138	58	80	Dutch Strength Winter Cup
14	Iris	Schouten	1995	-63 kg	194,1554	148	65	83	2018 Nederlands Senioren Kampioenschappen
15	Charlotte	Den Ouden	1988	-90 kg	193,5905	167	77	90	Amsterdam Trofy
16	Kim	Vulperhorst	1993	-69 kg	191,6743	149	68	81	Dutch Strength Summer Cup
17	Danique	Schepens	1990	f>90	181,853	169	73	96	Dutch Strength Winter Cup
18	Irma	Rodenhuis	1995	-75 kg	180,238	151	67	84	2018 Nederlands Senioren Kampioenschappen
19	Jennifer	Boer	1988	-90 kg	177,1904	159	74	85	National team competition 2018 - round 2
20	Cecily	Sadowski	1995	-90 kg	176,7118	155	68	87	2018 Nederlands Senioren Kampioenschappen
21	Sarah	Dinkelaar	1986	f69	176,633	141	61	80	Open Dutch 2018
22	Laska	van der Let	1989	-75 kg	174,7088	142	61	81	Amsterdam Trofy
23	Lara	Olde Bolhaar	1994	f75	171,362	138	63	75	Open Dutch 2018
24	Lotte	Berg van den	1978	f75	170,633	139	65	74	Dutch Strength Winter Cup
25	Tosca	Mulder	1997	-90 kg	169,8131	144	65	79	2018 Nederlands Senioren Kampioenschappen
26	Jorien	Laan	1994	f69	168,979	135	57	78	Dutch Strength Winter Cup
27	Natasja	Boc	1986	f90	168,47	145	66	79	Dutch Strength Winter Cup
28	Bianca	Oostveen	1989	-69 kg	167,0199	133	58	75	2018 Nederlands Senioren Kampioenschappen
29	Marije	Groen	1985	-58 kg	166,714	117	50	67	Amsterdam Trofy
30	Dominique	Beekhof	1991	f75	166,006	134	63	71	Dutch Strength Winter Cup
31	Charlotte	Gerrits	1989	f63	165,294	126	56	70	Open Dutch 2018
32	Susanna	Nijsten	1991	f63	164,442	124	54	70	Dutch Strength Winter Cup
33	Marcha	van Glaanen Weijgel	1968	-69 kg	163,7733	129	50	79	2018 Nederlands Senioren Kampioenschappen
34	Jinga	Gosschalk	1979	f75	163,114	135	60	75	National team competition 2018 - round 3 & open
35	Myrthe	Waalewijn	1999	f69	162,974	126	54	72	Open Dutch 2018
36	Sharon	van der Horst	1987	-75 kg	161,9054	134	56	78	2018 Nederlands Senioren Kampioenschappen
37	Silvia	Hoek van der	1993	f69	160,284	123	53	70	Weightlifting Rotterdam Invitational
38	Adela	Pijcke	1965	-58 kg	158,3633	111	46	65	2018 Nederlands Senioren Kampioenschappen
39	Esra	Ayaz	1992	-75 kg	157,5404	129	61	68	Dutch Strength Summer Cup
40	Jessica	Schouten	1997	f90	155,993	141	66	75	Weightlifting Rotterdam Invitational
41	Elsa	Vries de	1984	f75	155,866	128	55	73	Dutch Strength Winter Cup
42	Willemijn	Hoopen ten	1987	f58	155,593	112	50	62	Dutch Strength Winter Cup
43	Marieke	Meile	1996	f90	155,406	137	61	76	Dutch Strength Winter Cup
44	Yvonne	Vegte van der	1983	f75	153,618	124	56	68	Dutch Strength Winter Cup
45	Rosalie	Keet	1989	f63	151,248	110	48	62	Dutch Strength Winter Cup
46	Joyce	Oosting	1975	f69	150,986	118	53	65	Dutch Strength Winter Cup
47	Sanne	Veenings	1990	f69	150,564	119	54	65	Open Dutch 2018
48	Jessica	Duren van	1989	f90	148,744	133	58	75	Dutch Strength Winter Cup
49	Aukje	Smits	1998	f90	148,544	133	56	77	Weightlifting Rotterdam Invitational
50	Jennifer	Engel	1980	f48	143,466	89	37	52	National team competition 2018 - round 3 & open
51	Kelly	Vreeling	1991	-53 kg	142,6267	97	46	51	Dutch Strength Summer Cup
52	Ciska	Bosma	1981	+90 kg	140,1123	133	57	76	National team competition 2018 - round 2
53	Kim	Schouten	1984	-90 kg	139,988	120	54	66	Dutch Strength Summer Cup
54	Sandra	Arends	1989	-69 kg	138,6542	107	46	61	Amsterdam Trofy
55	Dikla	Vrolijk	1973	-58 kg	138,0169	99	41	58	NORTHWEST INTL MASTERS TOURNAMENT
56	Adrienne	Bombeld	1991	f>90	137,292	128	57	71	Dutch Strength Winter Cup
57	Mita	Overvliet	1979	-75 kg	137,2673	115	55	60	Student Cup
58	Ishiah	Romeijn	1992	-63 kg	133,1512	100	40	60	Student Cup
59	Eva	Zanten van	2001	f63	131,618	97	41	56	Weightlifting Rotterdam Invitational
60	Valery	Janse	1990	-69 kg	130,861	102	45	57	Dutch Strength Spring Cup
61	Eva	Heijmans	1985	f69	128,51	103	46	57	Open Dutch 2018
62	Janna	Vos, de	1994	-75 kg	128,3137	107	47	60	National team competition 2018 - round 2
63	Marina	Langendoen	1977	f53	127,328	86	36	50	National team competition 2018 - round 3 & open
64	Karien	Timmerman	1993	-90 kg	126,7394	110	50	60	National team competition 2018 - round 2
65	Linda	van Engelen	1987	-75 kg	123,8006	101	43	58	Amsterdam Trofy
66	Gilvana	Leutscher	2005	-48 kg	122,0734	65	27	38	2017 Nederlandse Junioren Kampioenschappen
67	Emy	Wijker	1988	-69 kg	121,9118	97	41	56	National team competition 2018 - round 2
68	Anne	Meerdink	1990	-75 kg	121,864	101	45	56	Dutch Strength Summer Cup
69	Lonneke	Oordt	1971	f>90	119,831	112	44	68	Dutch Strength Winter Cup
70	Maria	Berendsen	1951	f53	117,788	79	36	43	Weightlifting Rotterdam Invitational
71	Suzanne	Kelderman	1991	f75	116,103	95	40	55	Dutch Strength Winter Cup
72	Joke	Dikhoff	1950	-58 kg	115,4826	82	32	50	WK Barcelona
73	Femke madelon	Oordt	0	+90 kg	114,8408	107	47	60	EK Budapest
74	Kayleigh	Roem Ohoira	1996	f69	106,918	85	37	48	Dutch Strength Winter Cup
75	Linetta	Hartman	1990	-75 kg	106,6996	88	38	50	Dutch Strength Summer Cup
76	Nannie	putters	1957	-63 kg	97,13207	72	29	43	WK Barcelona
77	Annette	Koster	1962	-58 kg	78,34745	56	21	35	NORTHWEST INTL MASTERS TOURNAMENT
78	Marja	van Gerven	1978	f90	75,647	68	29	39	National team competition 2018 - round 3 & open